

Personality Test Word Definitions

Adapted from **Personality Patterns** by Lana Bateman, published by Huntington House, Inc., Lafayette, L.A.

Strengths

1. Adventurous One who will take on new and daring enterprises with a determination to master them.

 Adaptable Easily fits and is comfortable in any situation.

 Animated Full of life, lively use of hand, arm, and face gestures.

 Analytical Likes to examine the parts for their logical and proper relationships.
2. Persistent Sees one project through to its completion before starting another.

 Playful Full of fun and good humour.

 Persuasive Convinces through logic and fact rather than charm or power.

 Peaceful Seems undisturbed and tranquil and retreats from any form of strife.
3. Submissive Easily accepts any other's point of view or desire with little need to assert his own opinion.

 Self-sacrificing Willingly gives up his own personal being for the sake of, or to meet the needs of others.

 Sociable One who sees being with others as an opportunity to be cute and entertaining rather than as a challenge or business opportunity.

 Strong-willed One who is determined to have his own way.
4. Considerate Having regard for the needs and feelings of others.

 Controlled Has emotional feelings but rarely displays them.

 Competitive Turns every situation, happening, or game into a contest and always plays to win!

 Convincing Can win you over to anything through the sheer charm of his personality.
5. Refreshing Renews and stimulates or makes others feel good.

 Respectful Treats others with deference, honour, and esteem.

 Reserved Self-restraint in expression of emotion or enthusiasm.

 Resourceful Able to act quickly and effectively in virtually all situations.
6. Satisfied A person who easily accepts any circumstances or situation.

 Sensitive Intensely cares about others, and what happens.

 Self-reliant An independent person who can fully rely on his own capabilities, judgement, and resources.

 Spirited Full of life and excitement.
7. Planner Prefers to work out a detailed arrangement beforehand for the accomplishment of project or goal, and prefers involvement with the planning stages and the finished product rather than the carrying out of the task.

 Patient Unmoved by delay, remains clam and tolerant.

 Positive Knows it will turn out right if he's in charge.

 Promoter Urges or compels others to go along, join, or invest through the charm of his own personality.

8. Sure Confident, rarely hesitates or wavers.
Spontaneous Prefers all of life to be impulsive, unpremeditated activity, not restricted by plans.
Scheduled Makes, and lives, according to a daily plan, dislikes his plan to be interrupted.
Shy Quiet, doesn't easily instigate a conversation.
9. Orderly A person who has a methodical, systematic arrangement of things.
Obliging Accommodating. One who is quick to do it another's way.
Outspoken Speaks frankly and without reserve.
Optimistic Sunny disposition who convinces himself and others that everything will turn out all right.
10. Friendly A responder rather than an initiator, seldom starts a conversation.
Faithful Consistently reliable, steadfast, loyal and devoted sometimes beyond reason.
Funny Sparkling sense of humour that can make virtually any story into an hilarious event.
Forceful A commanding personality whom others would hesitate to take a stand against.
11. Daring Willing to take risks, fearless, bold.
Delightful A person who is upbeat and fun to be with.
Diplomatic Deals with people tactfully, sensitively, and patiently.
Detailed Does everything in proper order with a clear memory of all the things that happen.
12. Cheerful Consistently in good spirits and promoting happiness in others.
Consistent Stays emotionally on an even keel, responding as one might expect.
Cultured One whose interests involve both intellectual and artistic pursuits, such as theatre, symphony, ballet.
Confident Self-assured and certain of own ability and success.
13. Idealistic Visualises things in their perfect form, and has a need to measure up to that standard himself.
Independent Self-sufficient, self-supporting, self-confident, and seems to have little need to help.
Inoffensive A person who never says or causes anything unpleasant or objectionable.
Inspiring Encourages others to work, join, or be involved, and makes the whole thing fun.
14. Demonstrative Openly expresses emotion, especially affection and doesn't hesitate to touch others while speaking to them.
Decisive A person with quick, conclusive, judgement-making ability.
Dry Humour Exhibits "dry wit", usually one-liners which can be sarcastic in nature.
Deep Intense and often introspective with a distaste for surface conversation and pursuits.
15. Mediator Consistently finds him- or herself in the role of reconciling differences in order to avoid conflict.
Musical Participates in or has a deep appreciation for music, is committed to music as an art form, rather than the fun of performance.
Mover Driven by a need to be productive, is a leader whom others follow, finds it difficult to sit still.
Mixes Easily Loves a party and can't wait to meet everyone in the room, never meets a stranger.

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| 16. | Thoughtful

Tenacious
Talker

Tolerant | A considerate person who remembers special occasions and is quick to make a kind gesture.

Holds on firmly, stubbornly, and won't let go until the goal is accomplished.
Constantly talking, generally telling funny stories and entertaining everyone around, feeling the need to fill the silence in order to make others comfortable.
Easily accepts the thoughts and ways of others without the need to disagree with or change them. |
| 17. | Listener
Loyal
Leader

Lively | Always seems willing to hear what you have to say.
Faithful to a person, ideal, or job, sometimes beyond reason.
A natural born director, who is driven to be in charge, and often finds it difficult to believe that anyone else can do the job as well.
Full of life, vigorous, energetic. |
| 18. | Contented
Chief
Chartmaker
Cute | Easily satisfied with what he/she has, rarely envious.
Commands leadership and expects people to follow.
Organises life, tasks, and problem solving by making lists, forms or graphs.
Precious, adorable, centre of attention. |
| 19. | Perfectionist

Pleasant
Productive
Popular | Places high standards on him/herself, and often on others, desiring that everything be in proper order at all times.
Easygoing, easy to be around, easy to talk with.
Must constantly be working or achieving, often finds it very difficult to rest.
Life of the party and therefore much desired as a party guest. |
| 20. | Bouncy
Bold
Behaved

Balanced | A bubbly, lively personality, full of energy.
Fearless, daring, forward, unafraid of risk.
Consistently desires to conduct him/herself within the realm of what he/she feels is proper.
Stable, middle-of-the-road personality, not subject to sharp highs or lows. |

Weaknesses

21. Blank
Bashful
Brassy
Bossy
A person who shows little facial expression or emotion.
Shrinks from getting attention, result from self-consciousness.
Showy, flashy, comes on strong, too loud.
Commanding, domineering, sometimes overbearing in adult relationships.
22. Undisciplined
Unsympathetic
Unenthusiastic
Unforgiving
A person whose lack of order permeates most every area of his life.
Finds it difficult to relate to the problems or hurts of others.
Tends to not get excited, often feeling it won't work anyway.
One who has difficulty forgiving or forgetting a hurt of injustice done to them, apt to hold onto a grudge.
23. Reticent
Resentful
Resistant
Repetitious
Unwilling or struggles against getting involved, especially when complex.
Often holds ill feelings as a result of real or imagined offenses.
Strives, works against, or hesitates to accept any other way but his/her own.
Retells stories and incidents to entertain you without realizing he has already told the story several times before, is constantly needing something to say.
24. Fussy
Fearful
Forgetful
Frank
Insistent over petty matters or details, calling for great attention to trivial details.
Often experiences feelings of deep concern, apprehension, or anxiousness.
Lack of memory which is usually tied to a lack of discipline and not bothering to mentally record things that aren't fun.
Straightforward, outspoken, and doesn't mind telling you exactly what he thinks.
25. Impatient
Insecure
Indecisive
Interrupts
A person who finds it difficult to endure irritation or wait for others.
One who is apprehensive or lacks confidence.
The person who finds it difficult to make any decision at all. (Not the personality that labours long over each decision in order to make the perfect one).
A person who is more of a talker than a listener, who starts speaking without even realizing someone else is speaking.
26. Unpopular
Uninvolved
Unpredictable
Unaffectionate
A person whose intensity and demand for perfection can push others away.
Has no desire to listen or become interested in clubs, groups, activities, or other people's lives.
May be ecstatic one moment and down the next, or willing to help but then disappears, or promises to come but forgets to show up.
Finds it difficult to verbally or physically demonstrate tenderness openly.
27. Headstrong
Haphazard
Hard To Please
Hesitant
Insists on having his own way.
Has no consistent way of doing things.
A person whose standards are set so high that it is difficult to ever satisfy them.
Slow to get moving and hard to get involved.
28. Plain
Pessimistic
Proud
Permissive
A middle-of-the-road personality without highs or lows and showing little, if any, emotion.
While hoping for the best, this person generally sees the downside of a situation first.
One with great self-esteem who sees him/herself as always right and the best person for the job.
Allows others (including children) to do as they please in order to keep from being disliked.

29. Angered Easily One who has a childlike flash-in-the-pan temper that expresses itself in tantrum style and is over and forgotten almost instantly.
 Aimless Not a goal-setter with little desire to be one.
 Argumentative Incites arguments generally because he/she is right, no matter what the situation may be.
 Alienated Easily feels estranged from others, often because of insecurity or fear that others don't really enjoy his company.
30. Naïve Simple and childlike perspective, lacking sophistication or comprehension of what the deeper levels of life are really about.
 Negative Attitude One whose attitude is seldom positive and is often able to see only the down or dark side of each situation.
 Nervy Full of confidence, fortitude, and sheer guts, often in a negative sense.
 Nonchalant Easygoing, unconcerned, indifferent.
31. Worrier Consistently feels uncertain, troubled, or anxious.
 Withdrawn A person who pulls back to himself and needs a great deal of alone or isolation time.
 Workaholic An aggressive goal-setter who must be constantly productive and feels very guilty when resting, is not driven by a need for perfection or completion but by a need to accomplishment and reward.
 Wants Credit Thrives on the credit or approval of others. As an entertainer this person feeds on the applause, laughter, and/or acceptance of an audience.
32. Too Sensitive Overly introspective and easily offended when misunderstood.
 Tactless Sometimes expresses him/herself in a somewhat offensive and inconsiderate way.
 Timid Shrinks from difficult situations.
 Talkative An entertaining, compulsive talker who finds it difficult to listen.
33. Doubtful Characterised by uncertainty and lack of confidence that it will ever work out.
 Disorganised Lack of ability to ever get life in order.
 Domineering Compulsively takes control of situations and/or people, usually telling others what to do.
 Depressed A person who feels down much of the time.
34. Inconsistent Erratic, contradictory, with actions and emotions not based on logic.
 Introvert A person whose thoughts and interests are directed inward, lives within him/her self.
 Intolerant Appears unable to withstand or accept another's attitudes, point of view, or way of doing things.
 Indifferent A person to whom most things don't matter one way or the other.
35. Messy Living in a state of disorder, unable to find things.
 Moody Doesn't get very high emotionally, but easily slips into low lows, often when feeling unappreciated.
 Mumbles Will talk quietly under the breath when pushed, doesn't bother to speak clearly.
 Manipulative Influences or manages shrewdly or deviously for his own advantage, will get his/her way somehow.
36. Slow Doesn't often act or think quickly, too much of a bother.
 Stubborn Determined to exert his or her own will, not easily persuaded, obstinate.
 Show-off Needs to be the centre of attention, wants to be watched.
 Skeptical Disbelieving, questioning the motive behind the words.

37. Loner Requires a lot of private time and tends to avoid other people.
 Lord Over Doesn't hesitate to let you know that he is right or is in control.
 Lazy Evaluates work or activity in terms of how much energy it will take.
 Loud A person whose laugh or voice can be heard above others in the room.
38. Sluggish Slow to get started, needs push to be motivated.
 Suspicious Tends to suspect or distrust others or ideas.
 Short-tempered Has a demanding impatience-based anger and a short fuse. Anger is expressed when others are not moving fast enough or have not completed what they have been asked to do.
 Scatterbrained Lacks the power of concentration or attention, flighty.
39. Revengeful Knowingly or otherwise holds a grudge and punishes the offender, often by subtly withholding friendship or affection.
 Restless Likes constant new activity because it isn't fun to do the same things all the time.
 Reluctant Unwilling or struggles against getting involved.
 Rash May act hastily, without thinking things through, generally because of impatience.
40. Compromising Will often relax his/her position, even when right, in order to avoid conflict.
 Critical Constantly evaluating and making judgements, frequently thinking or expressing negative reactions.
 Crafty Shrewd, one who can always find a way to get to the desired end.
 Changeable A childlike, short attention span that needs a lot of change and variety to keep from getting bored.